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# My Secret: A PostSecret Book



## Synopsis

New York TimesÂ BestsellerPostsecret.com founder Frank Warren is back with a fresh and compelling companion to his wildly popular Los Angeles Times bestseller, PostSecret. For My Secret, a collectible, paper-over-board book that includes a page of vibrant, decorative stickers, Warren has personally selected never-before-seen anonymous postcards created by teens and college students from across the country. Each card bears an intimate and powerful secretâ that turns inspirational, shocking, hilarious, and poeticâ that is told through original illustrations, photographs, collages, and other creative means. Sample messages include: "I am avoiding you because you are socially below me." "I know the truth to the lie my parents tell..." "My friends think I was homeschooled. I spent high school in juvi."A unique and important book that will appeal to both young adults and their parents, My Secret offers a raw and revealing glimpse into the real lives of today's teens and twentysomethings. Choosing their own handmade postcards over email or text messages, teens and college students express their hopes, fears, and wildest confessions in a way that truly represents their diverse personalities and voices.

## Book Information

Series: Postsecret

Hardcover: 144 pages

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Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (164 customer reviews)

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## Customer Reviews

This is the second in an ongoing series of books that are compiled from cards sent to Warren as part of an art project started several years ago. My Secret is filled with postcards of (sometimes) artfully designed or enhanced confessions/secrets that people have sent Warren over the years.

Some are silly, some are heartfelt, and others are just heart wrenching...unfortunately, there were a lot in there that didn't move me at all. This second book is significantly shorter than the first book and I didn't actually feel it made as big an impact as the first one. It felt, I guess, rushed...that's the best way I can describe it. I felt like the author was under contract to produce a second book and didn't have the amount or quality of cards he had to choose from in the first book. I still adore the concept and am glad to have read through this one, but I'm doubly glad I got it from the library and didn't shell out the money for it, because I would have been a great deal more disappointed if I'd paid my hard earned money for a less than stellar book. I think it is best purchased as a set, not a stand alone (i.e. With the first one), they'd make great coffee table books and/or discussion group choices. It's a quick read and quite easy enough to read several times in a relatively short period...I finished this in less than an hour and re-read it several days later, just to be sure I got the full impact. Overall, I'd give it a B- simply because the cost of the book doesn't feel equal to the length and content, especially given the size and content of the first book, Postsecret...this means three stars though, when I'd normally only give it two. This book is innovative and interesting enough to warrant the extra star though the quality of the second book clearly does not equal that of the first.

I'm a huge fan of PostSecret and now own both of the PostSecret books. I thought the first book was AMAZING. I loved every page of it. I was incredibly excited to own My Secret as well. I bought it today and was a little disappointed in the length; a significant 144 pages shorter than the first. I was also a little disappointed with parts of the layout. It seemed to me there were too many enlarged postcards fitting 2 pages as well as quotes considering the length of the book. There could have been a better use for those pages such as more meaningful postcards or additional quotes. Regardless of my disappointment, I still recommend this book (as well as the website and first book). The postcards and quotes were well chosen. Overall, it was a good investment. Good job, Frank!

I spent a month waiting to get this book, wondering if by some chance a hand-made card I sent late last spring in was in here. Well, it's not, but that's probably a good thing. Although I should maybe look it over again before I say this, my first reading makes me think this book is even better than the first Post Secret collection that came out months back. The idea that in reading this book and visiting the Post Secret website one is reading confessions from what amounts to the inner world of anonymous people is to me a uniquely interesting thing. Some of the secrets a reader is let in on are profound, some are disgusting and a few are desperately pathetic. The secrets, sent in on

postcards that at times reach levels of genuine beauty, cover all subjects, from covert family rivalries, to hidden misdeeds, sexual longings and weighty personal failures, to fears, desires, regrets, and many more sorts of matters. Overall the revealed secrets combine to create a truly valid art form. I enjoy Post Secret, and hope this project continues online and in printed form for years to come. Frank Warren's My Secret is a book well worth its cover price.

This book did not even come close to being as good as the first one. If you have read the first one, you will be disappointed. This one is considerably shorter. The first book, I spent a good couple of hours pouring over the secrets of strangers. In this book, I spent perhaps an hour at most before I finished the book entirely. The secrets seem somewhat the same and there is not much diversity overall. There are layout problems like the first one, but they aren't as many...If you are thinking about buying this book now, wait. You might enjoy it more if you did not spend your money and borrowed it or read it at the bookstore. I recommend the first book, PostSecret. It is far better, lasts longer, and leaves you wanting more whereas the MySecret leaves you with a slightly weird aftertaste. I still love Frank Warren, though.

I was excited to finally get this book in the mail, but I felt unmoved after I looked through it. I sat and read through it all in one sitting like I did with the first book, but it felt as though everything was rushed. The book was lacking in variety and seemed almost repetitive. Some of the secrets really touched me (don't get me wrong), but the overall impact of the book was lukewarm at best. If you haven't yet, I would suggest reading the first book over this one.

I first got into PostSecret when I was in High School. It reached out to me in a way that angsty teenagers can appreciate. I was feeling lonely, ostracized by my peers, frustrated with the system, and just down right rebellious. I purchased this book in 2007, and I still take it off the shelf from time to time. This book has followed me from both High School and College graduations, across 5 moves (and counting), and will likely continue to follow me throughout my life. It is inspiring, beautiful, moving, empowering, and depressing. It is a constant reminder that people have gone through worse and weirder than I have, and that there are even people that share some of my secrets. I purchased this book and the "Secret Lives of Men and Women" book at the same time, and they have both been on my bookshelves for years. I come back to them when I'm feeling a certain kind of way, and sometimes I reap a cathartic experience or inspiration out of them. Sometimes they sadden me, and I may even feel strongly enough to get a bit weepy. Other times they inspire me. In

poetry, in writing, in my life. And even though I no longer religiously check the PostSecret website like I once did 5 years ago, the fact that these books are on my shelf brings me some comfort. Comfort in sadness, maybe, but it's something.

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